



*“A terrific introduction to a great culinary tradition about which egregiously little is known. Well-researched, authentic, and easy-to-follow recipes.”*

—Anthony Bourdain

Author of *Kitchen Confidential* and TV host of *No Reservations with Anthony Bourdain*

*“...a cultural and culinary tribute to a sublimely delicious style of cooking that is simple and full flavored. You want this book. If you are suffering from flavor fatigue, consider yourself cured. Honest, authentic and dependable, the recipes are superb and the curry geeks in your house will be satiated for years eating their way through this tome.”*

—Andrew Zimmern

TV host of *Bizarre Foods with Andrew Zimmern*

*“Rice & Curry is the first authoritative volume in the United States on the distinct spices and savory dishes of Sri Lanka, and it is bound to change the way people think about Asian food. This user-friendly book brings the hot and tangy spices of Sri Lanka right into American kitchens, where they will charm and delight anyone who consumes the wealth of healthy recipes that are offered.”*

—His Excellency Jaliya Wickramasuriya

Ambassador of Sri Lanka to the United States and Mexico

S.H. Fernando takes readers on an unforgettable culinary journey through Sri Lanka, where a typical meal is simply referred to as “rice & curry.” Included are more than 100 easy-to-follow recipes; an introduction to Sri Lanka’s history, culture, and cuisine; a detailed travel section for visitors; a comprehensive spice guide, and stunning color photos throughout.

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FERNANDO

**RICE & CURRY**

Sri Lankan Home Cooking



# Rice & Curry

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**S.H. Fernando Jr.**

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